

A Publication of the St. Albert Knights of Columbus Council # 4742

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Your Executive!

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The next General Meeting is on February 25, 2015. See you there!

January 2015 Meeting The Sacraments

Opening Prayer

Lord, teach us to pray: "Our Father ... "

The Reading (To be read by the Leader)

The Sacrament of the Eucharist - Part V

"The Holy Eucharist completes the Christian initiation. Those who have been raised to the dignity of the royal priesthood by Baptism, and configured more deeply to Christ by Confirmation, participate with the whole community in the Lord's own sacrifice by means of the Eucharist." (CCC 1322)

"Nevertheless, the liturgy is the summit toward which the activity of the Church is directed; it is also the source from which all its power flows. For the goal of the apostolic endeavour is that all who are made children of God by faith and Baptism should come together to praise God in the midst of His church, to take part in the sacrifice and to eat the Lord's Supper." (LG 10) Bottom line Brothers, the Eucharist is where the rubber hits the road. As stated in *Lumen Gentium*, the Vatican document on the Sacred Liturgy, the Eucharist is where all the Church's energy needs to be directed and is the source from which all its powers flow.

We did not invent this ritual. Jesus Himself celebrated the Last Supper with His disciples and therein anticipated His death. He gave Himself to His disciples under the signs of bread and wine and commanded them from then on, even after His death, to celebrate the Eucharist. "Do this in remembrance of me." (1 Cor. 11, 24) Brothers, as Catholics we believe that Christ becomes really present in what has the appearance of bread and wine through the process of transubstantiation. When we consume the Body of Christ, we in effect become a very real part of the Body of Christ and hence, the magnitude of the gift that we are receiving in the Holy Eucharist. Eucharist is a Greek word meaning thanksgiving. It makes perfect sense that we refer to the Eucharist as the heart and the summit of the Church's life, for in it, through His sacrifice offered once and for all people, He pours out His graces of salvation on His Body which is the Church, which is us my friends.

We can talk about transubstantiation; we can talk about the real presence of our Lord in the Eucharist. But you know what gives me peace? If I ask you who created the heavens and the earth, you would respond God. So if I believe that God is the creator of all that was, all that is and all that ever will be and if He says He will be present in what appears to be bread and wine, I have no trouble accepting this as part of my faith in the Saviour of the world. Brothers, this is why our faith is so important in our lives; it allows us to believe and to trust in that which we cannot see nor fully understand. What is the matter and form for the Holy Eucharist? The essential signs, the matter are wheat bread and grape wine. The form or formula is the blessing of the Holy Spirit that is invoked and the priest pronouncing the words of consecration spoken by Jesus during the Last Supper, "This is my body which will be given up for you...This is my blood, the blood of the new and eternal covenant....Do this in memory of me." (CCC 1412) St. John Vianney, the patron saint of parish priests, said of the Eucharist, "Not to go to Communion is like someone dying of thirst beside a stream."

The Reflection

(To be read by the Leader)

I dare say that the Holy Eucharist, regular reception of Holy Communion, is the greatest gift other than salvation that our Lord offered us on our faith journey. In becoming more fully the Body of Christ through receiving the Lord Himself, we receive the grace we all need to be more faithful witnesses and disciples within our gift of time here in the world. We are also able through the Eucharist to make a direct link with the Jewish Passover. "By celebrating the Last Supper with His apostles in the course of the Passover meal, Jesus gave the Jewish Passover its definitive meaning. With Jesus' passing over to His Father by His death and resurrection, the new Passover is anticipated in the Supper and celebrated in the Eucharist, which fulfils the Jewish Passover and anticipates the final Passover of the Church in the glory of the Kingdom." (CCC 1340) Brothers, our lives are a journey of faith for us and for those we love. Out of love our Lord and Saviour gave us Himself as food for the journey. You and I are invited to participate in this most Blessed Gift as often as we are disposed and able in our journey here in the world. "Do this in memory of me," and we will, until He comes again. Amen.

Meditation Period

(The Leader now invites the members to spend a few moments in silent reflection, as the above text is not meant to be a ready-made answer but a starter for personal reflection on the theme.)

Fraternal Sharing

(The leader now invites the members to share with their Brother Knights any relevant thoughts that came to them during the meditation period.)

Closing Prayer

(Recited by all)

Let us pray:

"Almighty ever-living God, grant that we may always conform our will to yours and serve your majesty in sincerity of heart. Through our Lord Jesus Christ, your Son, who lives and reigns with You and the Holy Spirit, one God, forever and ever. Amen."

Obtain your Grocery Gift Cards before or after Mass

Remember that Grocery cards are available, and we are more dependant on our projects because of the absence of income from Casinos and Bingos. Grocery Cards are available at the back of the Church and at meetings. You may contact B**r.** Gerry at 780-4597384 or Br. Frank at 780-459-7941

Watch the website for upcoming events!

PANCAKE BREAKFASTS



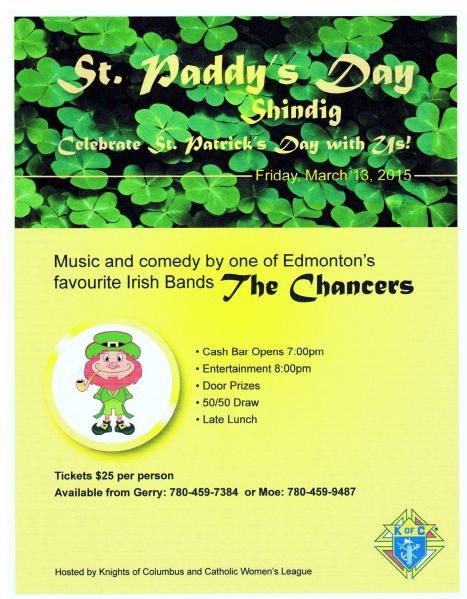
Please remember that the first Sunday of every month is our Pancake Breakfast. Meet us downstairs after Mass for breakfast. This is a good opportunity to meet new parishioners and old friends..

We are in need of volunteers; with many hands we make light work! The event must be set up, and while the servers are busy in the front, ongoing cleanup and work in the kitchen has to be done. This allows the work to be finished sooner after the event.

Please remember that the next regular meeting was moved to February 25, 2015.

Items for publication in the February Beacon should be submitted before February 11. 2015

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IRISH PARTY FUNDRAISER

FRIDAY, MARCH 13, 2015

This year's event will carry a different name. I think that "Hooly" might have sent the wrong message so the Committee will begin planning with a new name. I was disappointed that no one came forward to assist with the planning, so upon discussion with the CWL, we will work together for this year's event and split the profits at the end. I am presently negotiating with an Irish Band complete with tin whistle and other Irish music makers. This three-piece band is known in the Edmonton area and has received good reviews. So it should be another great "party".

BUT!!! It will only be successful with your support by attending the activity. Fun and games, music and food...and all for our great causes.

Br. Gerry Buccini, Deputy Grand Knight

Mardi Gras

Mard Gras translates from French as Fat Tuesday. The celebration goes back almost to Roman Times when people partied and filled themselves with meat and other foods prior to the Lenten season. We are happy to bring the celebration to you on Friday, February 6, 2015.

Currently the Knights are behind others in purchasing tickets to the event. Remember that Knights should support Knight events and that tickets must be purchased prior to the event. There is not much time left. Tickets can be purchased at the pancake breakfast, the back of the church after mass or by contacting Br. Gerry at 780-459-7384 or Br. Moe at 780-459-9487. We need to know how many people are attending. The tickets can be held for pickup and payment at the door. We must know by Tuesday.